Our Lady of the Valleys Pastorate



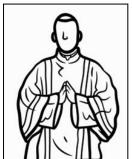
Catholic Churches serving southern RCT Parishes of the Archdiocese of Cardiff Registered Charity No. 1177272

10/11 February 2024

To Contact Pastor Gareth, Email: gareth.leyshon@rcadc.org

Call: 01443 402439





Pastor Gareth writes: INVITATIONS FROM BISHOPS

In December, we received a <u>pastoral letter</u> from Archbishop Mark concerning the proposed merger of the Archdiocese of Cardiff with the Diocese of Menevia. We have now received further information about the "Open Listening" sessions where anyone can come to have their say about this. The sessions are combined with the Station Masses, where Archbishop Mark travels through the diocese during Lent. We now understand that these meetings begin with a short time of Adoration of the Blessed Sacrament at 5 pm before a listening session at 5.30 pm and then Mass celebrated by the Archbishop at 7 pm.

Our local listening event and Station Mass takes place at All Hallows, Miskin, on Monday 19 February.

If that date doesn't work for you but you do wish to come and have your say, there are similar events at St Mary's, Newport, 10th April; St Illtyd's, Dowlais (Merthyr) 24th April; and at Cardiff's Cathedral 15th May.

Meanwhile, all the bishops of England & Wales have jointly asked us to mark this "Year of Prayer" by spending Lent reflecting on the Lord's Prayer. This weekend a little booklet will be available entitled We Dare To Hope with material for 5 sessions. The bishops ask you to read one chapter each week and then come together with other believers to reflect on what you have read. You can host a reflection group with friends in your own home, or we will make parish property available for anyone who wishes to lead a group at a suitable time. If you do wish to host such a group, please contact me (Pastor Gareth) as soon as possible so we can announce the arrangements next weekend.

Ash Wednesday, 14th February, is a Day of Fasting and Abstinence. Every Catholic over 14 is asked to abstain from meat; every Catholic aged 18-60 is asked to fast by eating not more than one modest meal and two snacks. (Medical exemptions apply.) Younger Catholics should join the spirit of the day as much as they are able. Masses with Ashes are:

10 am at All Hallows 10.45 am at Ss Gabriel & Raphael 7 pm at both St Dyfrig's and St Mary Magdalene

Upcoming events:

Catholic Medical Speaker Sunday 11th February at 12.45 pm St Dyfrig's Hall Monday 12th February at 1:45 pm Ways of Praying Zoom Monday 12th February at 7pm Following Christ: Session 4 St Dyfrig's Presbytery + Zoom Friday 16th February at 6pm Stations of the Cross St Dyfrig's Church Saturday 17th February 11.30 am Mass with Anointing the Sick All Hallows Monday 19th February at 7pm **Young Disciples** St Mary Magdalene Hall Monday 19th February 5pm **Open Listening and Station Mass** All Hallows Wednesday 21st February (after service) Stations of the Cross Ss Gabriel & Raphael Church Wednesday 21st February (after Mass) Stations of the Cross All Hallows Church

For more information on any of these events, please contact treforest@rcadc.org

Congratulations to all our young people who enrolled for First Holy Communion last weekend – please keep them in your prayers as they prepare to celebrate the Sacraments of Reconciliation and Communion.

6th Sunday of Ordinary Time, Year B

Entrance Antiphon: Be my protector, O God, a mighty stronghold to save me.

For you are my rock my stronghold! Lead me, guide me, for the sake of your name.

Psalm response: You are my refuge, O Lord; you fill me with the joy of salvation.

Gospel Acclamation: 1st Reading: Leviticus 13: 1-2, 44-46

Alleluia, Alleluia! 2nd Reading: 1 Cor 7: 32-35 May the Father of our Lord Jesus Christ enlighten the eyes of our mind, Gospel: Mark 1: 40-45

So that we can see what hope his call holds for us. Alleluia!

Communion Antiphon: They ate and had their fill, and what they craved the Lord gave them;

They were not disappointed in what they craved.

Please pray for the recently deceased in our churches:

Kevin Power

Mary Rigley

Jemima McDonald

Please also remember in prayer all our sick

Our Churches:

St Dyfrig's, Treforest

Email: treforest@rcadc.org Call: 01443 402 439

Address:

St Dyfrig's Catholic Church,

Treforest, Pontypridd **CF37 1DB**

St Mary Magdalene, Ynyshir

Email: rhondda@rcadc.org

Call: 01443 421 929 Address:

St Mary Magdalene 4 Gynor Ave,

Porth CF39 ONH Ss Gabriel & Raphael, Tonypandy

Email: rhondda@rcadc.org Call: 01443 421 929

Address:

S.S. Gabriel and Raphael

13 Trinity Road, Tonypandy CF40 1DQ

All Hallows, Miskin

Email: llantrisant@rcadc.org

Call: 01443 228 866

Address:

All Hallows' Catholic Church

School Rd, Miskin,

Pontyclun CF72 8P

The Pope's **February Prayer** intentions:

For the terminally ill

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Parish Directory

HOSPITAL CARE

To arrange communion for someone in hospital, contact:

Royal Glamorgan (RGH)

Marita Fernandez, mfwhat58@hotmail.com 07960 206916

Llwynypia Hospital

Sr Berenice (Parish Sister for the Rhondda Parishes) Via Tonypandy Parish

Cardiff Hospitals (UHW)

Call 02920 747 747 and ask for the on-call Catholic Chaplain

	Baptism	Wendy Marsh	
)	Becoming Catholic	Pastor Gareth	
	Confirmation	Lizzy de-Ste-Croix (St Dyfrig's office)	
	First Communion (St Dyfrig's)	Teresa (07500668424) & Alan de-Ste-Croix	
	First Communion (All Hallows)	Sarah Horton (07447456824)	
	First Communion (Rhondda churches)	Through St Gabriel and Raphael School	
	Weekend Club	Marita Fernandez (07960206916)	
	Hall Hire (St Dyfrig's)	Contact: treforest.hall@outlook.com	
	Hall Hire (All Hallows')	Pamela Harding (01443556796)	
	Maintenance (All Hallows')	Shamus Harding (01443556796)	
	Marriage	Pr Gareth	
	Mass Intentions	Individual Parish Administrator	
	Music Ministry (All Hallows')	Teresa Bressington (07599155418)	
		Anne Thomas (organist)	
	Music Ministry (SS Gabriel and Raphael)	Bridget Green (organist)	
		David Hoban (folk group) (07811707458)	
	Music Ministry (St Mary Magdalene)	Joachim Biddulph	
	Music Ministry (St Dyfrig's)	Chidie Ejiogu (07950642266)	
	Newsletter	Parish Offices	
	Safeguarding (St Dyfrig's)	Maggie White (01443 410593)	
		or Roy Mayo (01443 209850)	
	Safeguarding (All Hallows')	Suzy Stacey (07734 701449)	
_		or Diane Franks-Herbet (07999 891 009)	
	Safeguarding (Rhondda churches)	Maria Hughes (07811011674)	
	UCM – Union of Catholic Mothers	Suzy Stacey (07734 701449)	

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Collection figures (4th February):

St Dyfrig's

Gift Aid: £163.30 Loose Plate: £458.75 Standing Orders: £239.41

All Hallows'

Gift Aid: £496.00 Loose Plate: £332.75 Non Gift Aid: £23.00

The Rhondda Parishes

Loose Plate (Tonypandy): £125.70 2 Loose Plate (Ynyshir): £80.70

Gift Aid: £81.00

Standing Orders: £140.50

Here are the latest articles on our parish blog: amdg.page

- Details on the National Day of Fasting and Prayer for life
- ❖ The chance to join the <u>Diocesan Youth Retreat</u>
- An invitation to 'Come and See' religious life
- ❖ Our latest Parish Financial Reports
- And plenty of job opportunities

Our local Catholic Schools:

Cardinal Newman RC Secondary, Rhydfelin 01443 494110

Email: headteacher@cardinalnewman.co.uk

S.S. Gabriel and Raphael RC Primary, Tonypandy 01443 433094

Email: admin@ssqabrielraphaelrcprimary.rctcbc.cymru

St Michael's RC Primary, Treforest 01443 570090

Email: admin@stmichaelsrcprimary.rctcbc.cymru

The Latest News

The Ways of Praying

Our final session exploring the Ways of Praying explores the *Divine Office* this Monday. Join the call from 1.45 pm, guest speaker at 2 pm leading into a prayer exercise. At 2.45 you're free to drop off if you're on the school run or stay for Q&A. Call ends at 3 pm. To book:

https://olovrct.churchsuite.com/events/nztqlwbb or contact 01443 402439. The course is free but you must register to get the Zoom link.

Catholic Medical Association

Did you know there is a national association for Catholics working in healthcare or medical ethics? Michał Pruski is the Cardiff rep for the *Catholic Medical Association* and he will be speaking about the CMA following a pizza lunch in St Dyfrig's Hall on Sunday 11th February. If you'd like to find out more, come along!

Union of Catholic Mothers (UCM)

You are invited to join the All Hallows Union of Catholic Mothers. We meet in the church hall every Thursday at 2:15 pm for prayers, a chat and a cuppa. Find out more on our Parish Blog:

olovrct.org.uk/union-of-catholic-mothers-ucm/

<u>Foodbank</u> – Nile Street <u>Pontypridd</u> 01443 404 692 and <u>Taff Ely</u> Foodbank 01443 520 730

All Hallows Church: We would like to make an appeal for more donations please. An item per family would fill the weekly box. Thank you for your generosity. The box at All Hallows is emptied every Wednesday. If you would like to donate money, kindly consider gift aiding your contributions. The forms are in the FB box in the foyer. St Dyfrig's: Thank you for the continued support and donations from the parish. This week, the foodbank is desperate for sugar, jam, UHT milk, tins of meat and tins of veg. Please keep saving your empty fabric conditioner bottles for us as well. Many thanks

Mass with anointing of the sick

Saturday 17th February 2024 at 1130 at All Hallows Church followed by a light buffet in the hall.

Novena to St Joseph

Let's join with the rest of the country to ask for the prayer intentions of St Joseph, wife of Mary and earthly Father of Jesus. Join the National Novena to St Joseph from 10th to 18th March. To find out more,

visit www.millhillmissionaries.com/novena

Are you an International Student or their dependent?

From this week, Pontypridd Foodbank will no longer be issuing food parcels directly.

If you are in need of a food parcel, please go to **Block H** on the campus and speak to the **International Student Services** and they will issue you with a voucher which you can then take to the foodbank in Nile Street - Thank you

Empty Shoe Box Request!

Do you have an empty shoe box which can be used for Children's Stations of the Cross? If so, please leave it in the sacristy. Thank you.

May Procession

Could we organize a procession in honour of Our Lady this May? A procession needs a working group of people willing to help with the practical things — stewards, safety, preparing the order of service and crafting the float to be carried in procession. If you'd like to make this happen, Pastor Gareth invites you to a planning meeting at All Hallows 11 am on Saturday 9 March. (Provisional date for the procession: Sat 18 May.)

Elwyn Williams

Maria Williams and family would like to extend their heartfelt thanks to the Tuesday Rosary Group and everyone for all the prayers and support provided to Elwyn. A big thank you for your mass and sympathy cards. We are forever grateful. May God bless you all.

St Dyfrig's Sunday Tea and Coffee

We are looking to find two more volunteers to help out with tea and coffee after mass on a Sunday. The role entails setting up the annex (making sure the tables and chairs are set up, preparing jugs of coffee, a pot of tea, plates of biscuits etc) and serving tea and coffee to parishioners after Mass. All the cups and plates then have to be washed up and replaced in the cupboards. If you would like to help, please see any member of the team or pass your name and contact details to the office.

Lent Confessions

On Saturday 24 February and Sunday 3 March, with help from Canon Pat, confessions will be heard during the Sunday Masses. Please be assured that you will still fulfil your obligation to attend Sunday Mass if you step out of the prayers of the Mass for a few minutes for the sake of confession.

Day of Fasting

On Saturday 10th February, the Vigil of the Feast Our Lady of Lourdes, please pray and fast for the end of abortion in this Country. Through God's grace we have seen thousands of Mothers in our counselling centre continue their pregnancies in very difficult circumstances. Please help us to help save lives with your prayers, fasting and support. www.GoodCounselNetwork.com

Eucharistic Adoration

Exposition of the Blessed Sacrament at All Hallows will continue on the first and third Saturdays following 10am mass until 12. There will be confessions on the first Saturdays after mass. There is no Adoration on 17th February as there is Mass with Anointing of the Sick. The next dates for adoration are 2nd and 16th March. Starting in February, the church will remain open for prayer from 10am till noon every Saturday. Come in and spend time with Our Lord.

Mass and Service times for this week

	Place	Time	Service with intentions
Saturday 10 th February	All Hallows, Miskin	10am	Mass – Rachel Ann Cowley RIP
St Scholastica	Ss Gabriel & Raphael, Tonypandy	5pm 5:30pm	Confession Mass – Dave and Pat Price RIP
Sunday 11 th February	All Hallows, Miskin	8:45am 9:15am	Confession Mass – Mary Rigley <i>RIP</i>
6 th Sunday of Ordinary	St Dyfrig's, Treforest	11:15am	Mass – For the late Christian Lewis
Time	Penrhys Shrine	2:45pm	Rosary
	St Mary Magdalene, Ynyshir	3:30pm 4pm	Confession Mass - Dilys Thomas <i>RIP</i> and John Phelan <i>RIP</i>
	St Dyfrig's, Treforest	7pm	Confession
Monday 12 th February	Ss Gabriel & Raphael, Tonypandy	9:15am 9:30am	Morning prayer Service of the word with Holy Communion
	St Dyfrig's, Treforest	11 am	Mass – Followed by adoration until 12 noon.
Tuesday 13 th February	St Dyfrig's, Treforest (not St Mary Magdalene today)	9:00am 10am	Adoration with 9.40 Morning Prayer Mass –
	From home	9pm	Rosary for the sick members of our parish
Wednesday 14 th February	All Hallows', Miskin	10am	Mass, with ashes – Elwyn Williams RIP
Ash Wednesday	Ss Gabriel & Raphael, Tonypandy	10:45am	Mass, with ashes –
,	St Dyfrig's, Treforest	7pm	Mass, with ashes –
	St Mary Magdalene, Ynyshir	7pm	Mass, with ashes –
Thursday 15 th February	St Dyfrig's, Treforest	10:30 am	Church open for prayer until 2 pm
	All Hallows, Miskin	6:00pm	Mass –
Friday 16 th February	Ss Gabriel & Raphael, Tonypandy	9:15am 10:00am	Morning Prayer and Adoration Mass –
	St Dyfrig's, Treforest	6:00pm	Stations of the Cross
Saturday 17 th February	All Hallows, Miskin	11:30am	Mass – Reparation of Our Lord's Abandonment (with anointing of the sick)
	Ss Gabriel & Raphael, Tonypandy	5pm 5:30pm	Confession Mass –
Sunday 18 th February	All Hallows, Miskin	8:45am 9:15am	Confession Mass –
1 st Sunday of Lent	St Dyfrig's, Treforest	11:15am	Mass –
	Penrhys Shrine	2:45pm	Rosary
	St David's Cathedral, Cardiff	3pm	The Rite of Election
	St Mary Magdalene, Ynyshir	3pm 4pm	Confession Mass -
	St Dyfrig's, Treforest	7pm	Confession

A box for collecting Lenten Alms will be made available in each of our churches from Ash Wednesday. At the direction of Archbishop Mark, the Lenten Alms this year will go towards aid to the Holy Land, through the work of Knights and Dames of the Holy Sepulchre and Friends of the Holy Land, as well as Caritas Cardiff & Menevia. Meanwhile CAFOD's Lent Family Fast Day this year falls on Friday 3rd February with a collection in our churches on 24/25th.